

QYC NEWS



PANTHERS CONTINUE WINNING WAYS

As 2014 is nearing an end the hard work we have put in thus far is really starting to show on and off the mat. The blue squad had a strong weekend going 2-0, while the white team which continues to improve week in and week out lost a nail biter to Southern Lehigh.

We would also like to take this time to thank all the parents who help make this organization run. The time helping with uniforms, scoring, mat rolling and just cheering from the stands does not go unnoticed.

Good luck to all of the wrestlers participating in the Palmer and Stroudsburg Duals this weekend

The first period is technique, the second is conditioning, and the third is heart.

NIGHT AT THE RACES

Saturday 1/31/2015 at 6:30 PM

Benner Hall, Richlandtown

\$20 / PP—Includes dinner, horse races, dancing, beer and soda

For Tickets see a Board Member

QYCB-55

LR-22

QYCB-79

ESYC-12

QYCW-84

Allen-0

QYCW-38

SL-48



DATES TO REMEMBER:

12/22- Groups 3 practice

12/23 - Groups 1 & 2 practice

12/27- Palmer Holiday Dual

12/28- Stroudsburg Duals

1/2 - Group 3 practice

1/4 - Blue and White @ Northwestern

1/5 - Group 3 practice

1/6- Groups 1 & 2 practice

UPCOMING WHITE MATCH:

Sat 12/27 Palmer Holiday Duals

Email with Roster to follow

4100 Green Pond Rd, Easton, PA 18045

Sun 1/4 - Northwestern

Northwestern Lehigh High School

6493 PA Route 309

New Tripoli, Pa, 18066

Arrival - 12 pm (noon)

UPCOMING BLIUE MATCH:

Sun 12/28 Stroudsburg Duals

Blue Varsity Only

Stroudsburg HS

Sun 1/4 - Northwestern

Northwestern Lehigh High School

6493 PA Route 309

New Tripoli, Pa, 18066

Arrival - 12 pm (noon)